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11 November 2025 at 10:45

To: Jayasri Gokila Madhan <jayasrigm2008@gmail.com>

Hi Jayasri Gokila Madhan,

You are listed as a co-author of a submission to *BioMed Research International*. You can now view the submission.

Submission Details

Submission title: Evaluation of Ginsenosides and their Derivatives from Panax ginseng as Aromatase Inhibitors for Breast Cancer Treatment - An in silico study

Manuscript ID:

Journal: BioMed Research International

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Dec 3, 2025

Dr. Benedict Christopher Paul

BSc (Medical Laboratory Technology), MSc (Biotechnology), PhD

Assistant Professor

To Whom It May Concern

I am writing this letter to give my highest recommendation to Jayasri Gokila Madhan. I had the pleasure of mentoring Jayasri when she was a tenth-grade student at DAV Senior Secondary School, CBSE, in Mogappair, Chennai (Roll No. 20134492; India Passport Number: ZA415655). She undertook a one-month internship in my department from May 15th to June 15th, 2024, an initiative that clearly demonstrates her proactive nature and early passion for scientific inquiry.

During her time in my laboratory, I introduced Jayasri to the fundamentals of computational biology, a field that is typically reserved for advanced undergraduate or graduate students. Despite her young age and lack of prior exposure to in-silico research, she demonstrated an impressive ability to quickly grasp complex theoretical concepts and apply new technical skills with diligence and precision.

Her internship project was both timely and challenging, focusing on the evaluation of compounds from the medicinal plant Panax ginseng as potential inhibitors for the enzyme aromatase. This enzyme is a critical target in the treatment of hormone-sensitive breast cancer, and her work involved performing a molecular docking analysis to predict the binding affinities of various ginsenosides. The quality of her work and her insightful understanding of the project's objectives were exceptional.

The most remarkable outcome of her internship was her contribution to a research manuscript based on this work, titled "Evaluation of Ginsenosides and their Derivatives from Panax ginseng as Aromatase Inhibitors for Breast Cancer Treatment - An in silico study." It is a testament to her dedication and intellectual capabilities that she earned the distinction of sharing first authorship with a PhD scholar on this paper. It is currently in communication with a peer-reviewed



journal, BioMed Research International (Manuscript ID: 5538317; Wiley) in which we have responded to the reviewer's comments. This is a rare and significant achievement for a student at her academic level and distinguishes her as a candidate with demonstrated research potential.

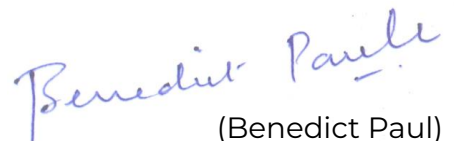
Throughout the internship, Jayasri proved to be a highly motivated and responsible individual. She showed great initiative, asked thoughtful questions, and was able to work independently after initial guidance. Her enthusiasm for applying scientific knowledge to address real-world health problems like breast cancer was evident.

In summary, Jayasri Gokila Madhan is an outstanding and hardworking student with a genuine passion for scientific discovery. Her ability to undertake and contribute meaningfully to a high-level research project at such an early stage in her academic journey is a clear indicator of her potential for success. I am confident that she possesses the intellect, maturity, and perseverance to excel in a rigorous undergraduate program.

I recommend her for admission to your institution without any reservations and am certain that she will become a valuable asset to your student community.

I wish her a very bright and blessed future.

Sincerely,


(Benedict Paul)